

On- the-Hill Training
Standard Operating Procedures
for Lauterbrunnen Switzerland
as of 5 December 2006

1. **Patrol Directors or their appointed Patrol On-The-Hill Coordinators** are the point of contact for all coordination efforts between the Region OTH Coordinator and OTH Training participants. The preference is to have one point of contact for each patrol's information rather than receiving "reservations" from individual patrollers. Individual information can be sent directly to the Region OTH Coordinator in an "emergency".

2. Normally, training weekends are Saturday and Sunday. We will be planning accommodations for Friday and Saturday nights at the Schutzenbach Campground in Lauterbrunnen. We will also set up some sort of dinner arrangements at Winteregg for the Saturday evening meal. Breakfasts are available on a pay as you go basis Saturday and Sunday morning at the Winteregg restaurant.

3. **IMPORTANT:** Remember to buy your Swiss Vignette for driving in Switzerland.

a. Vignettes can be purchased at ADAC for around 27 Euro, or at the border for 40 CHF.

b. NOTE: The Swiss police are cracking down drastically on seat belt use. If you are caught without your seatbelts on, it will cost you a minimum of 60 CHF! Remember too that the max speed limit in Switzerland is 130 kmh, and they like to take pictures along the motorways/autobahns, so be careful.

4. Basic instructions/procedures:

a. Send your information to the Northern Region OTH Coordinator **NO LATER THAN TUESDAY NIGHT before the training weekend**. Provide the following information on the downloadable spreadsheet from the nspeurope website:

1. Last Name:

2. First Name:

3. NSP Member number:

4. Patrol:

5. Estimated Arrival Time:

6. Training Discipline:

[] Auxiliary Candidate [] Basic Candidate [] Senior Candidate

[] Ski [] Snowboard [] Nordic

[] OEC Instructor [] Basic S&T Instructor [] Senior Instructor

[] Screening required

NOTE: Candidates that have not yet screened will be placed in a screening class initially to determine if they have the requisite skills to continue on to OTH training.

7. Accommodations:

[] Lift Pass requirements: (Adult or Child) (2 day Adult = CHF 100)

[] Candidates - Loft CHF 40/2 nights

[] Instructors - Cabins CHF 50/2 nights)

[] Special considerations (families, friends, ,etc.)

[] Will not need accommodations at the campground and will make their own arrangements.

[] Meal selection for Saturday night: (options to be provided as soon as we get them from the Winteregg folks)

NOTE: (If someone makes their own arrangements to stay at the campground they are on their own as far as costs go, and please tell them not to confuse the issue by saying that they are with the ski patrol group.)

b. **Friday Night Arrival/Check-in.** Check in Friday night at the Campground Schutzenbach's "Stump" Bar. There should be someone there ready to check you in starting at 1900. Check-in will be there until around 2300, because the coordinator needs to get up early to go buy the lift tickets and get them back to the campground early enough for everyone to ride the bus to the station. Therefore, if someone is going to be later than 2300, please annotate their information that they will be a late arrival. We will leave room assignment information on the door of the Stump Bar when we give up the ghost Friday night

c. ALL payments must be in Swiss Francs (CHF). There are a couple of ATMs in town that you can use to get local currency if necessary. Based upon the charges for the campground, lift tickets and meal costs, costs will be rounded up to the nearest 5 CHF. This avoids the need for small change and any extra collected will be used to subsidize instructor expenses as well as provide tips for the service staff at Winteregg.

d. Transportation to the Lift Station. There is a new lift system to Gruschalp where we catch the train to Winteregg, We will let you know Friday night what time the bus will pick us up at the campground at Saturday morning. Last year there was a public bus at 0730. Until we hear differently, plan on taking the 0730 bus and we can adjust if schedules are different. All participants should do their very best to be on the early bus to be able to catch the early lift to Gruschalp and the train to Winteregg.

e. Lift Passes. I will get the lift tickets and return to the campground in time to distribute lift tickets early enough to use them on the bus Saturday morning. There should be adequate time for breakfast for anyone that wants it up at Winteregg before training begins between 0900 and 0915. Check with your instructor for the time that your particular group will start.

f. Accommodations: Loft = candidates; Cabins = Instructors/Patrollers. We will entertain (but not necessarily grant) requests for exceptions to this rule for extremely exceptional circumstances on an individual basis. Cabin accommodations are dependent upon total availability. The loft is always the fall back in the event we run out of cabin space.

NOTE: The loft has no real bedding or towels available. Some of the cabins are with bedding and some are without. **ALL ATTENDEES NEED TO BRING THEIR OWN PILLOW, SLEEPING BAG/BLANKET/BEDDING AND A TOWEL. WE DON'T KNOW IF ANY CABINS WITH BEDDING WILL BE AVAILABLE, SO PLAN FOR NO BEDDING OR TOWELS.**

g. How much to pay?

1. Around CHF 40 for two nights in the loft or a non-bedding cabin;
2. CHF 50 for two nights in a cabin with bedding.

3. Lift tickets for two days should run around CHF 95 + CHF 5 deposit for the magnetic card.

4. The meal (menu selections to be determined) shouldn't be more than around CHF 20 - CHF 25 up at the Winteregg.

NOTE: These prices are estimates only. I won't know for sure until we finalize our reservations and go to pick up the lift tickets and see if we get any discounts. Again, I will round expenses to the nearest five francs (estimating up only!!!) to eliminate the need to carry all those franc coins.

DON'T FORGET: 1/2 franc pieces are required for the hot water in the showers at the campground.

NOTE: The campground does not allow dogs in the cabins or other accommodations. The campground had too many bad experiences and so they have banned the animals from the rooms and loft.

5. As soon as I get any additional firm information on the meals and prices and such, I will pass that information to all of you. Class groupings and training schedules will be put out Friday night and/or Saturday morning. The certainty of Senior training depends on attendees and instructors that will attend. Senior training is also scheduled where Basic training is held.